

Berkhamsted Arts Centre

Dance and Fitness classes at a glance

| ADULT CLASSES | | VYNE DANCE ACADEMY CLASSES | | |
|-----------------------------------------|--|---------------------------------------------|--|---------------------------------------------|
| Dance & Fitness | | Ballet & Stretch | | Musical Theatre / Contemporary / Tap / Jazz |
| Monday | | Monday | | Monday |
| 9.30 Pilates | | 11.15 ADULT Ballet Level 3/4 | | 17.00 GCSE DANCE (1 + 2 year course) |
| 10.30 Pilates | | 12.30 ADULT Ballet Level 2/3 | | 18.30 GCSE DANCE (2 year course) |
| 11.15 Ballet Level 3/4 | | 15.45 RAD Ballet Pre-Primary | | |
| 12.30 Ballet Level 2/3 | | 16.15 RAD Ballet G2 | | |
| 13.30 Ballet Pointework | | 16.15 RAD Ballet Primary | | |
| 18.45 Yoga 1 | | 17.00 RAD Ballet G1 | | |
| 19.00 Ballet Advanced / Professional | | 17.00 RAD Ballet G3 | | |
| 19.17 Ballet Beginners | | 19.00 ADULT Ballet Adv/Professional | | |
| 20.15 Yoga 2 | | | | |
| Tuesday | | Tuesday | | Tuesday |
| 9.30 Pilates | | 16.15 RAD Ballet G1 | | 15.45 TAP - Broadway Juniors |
| 13.00 Flamenco | | 17.00 RAD Ballet G2 | | 17.00 TAP - Broadway Teens |
| 18.30 Pole Attack 1 | | | | 17.45 JAZZ - Broadway Teens |
| 19.30 Pole Attack 2 | | | | 18.30 TAP - Broadway Adv Seniors |
| 19.30 Pilates 1 | | | | 19.30 JAZZ - Commercial Seniors |
| 20.30 Pilates 2 | | | | |
| 20.30 Pole Attack 3 | | | | |
| Wednesday | | Wednesday | | Wednesday |
| 10.00 TAP Intermediate | | 14.00 Ballet Babes | | 10.00 ADULT Tap Intermediate |
| 19.00 Power Hoops | | 16.00 RAD Ballet Primary 1 | | 17.15 Contemporary Juniors |
| 19.30 Pole Attack | | 16.15 RAD Ballet G3 | | 17.45 GCSE Choreography |
| 19.45 Barre Concept | | 16.30 RAD Ballet Primary 2 | | 18.00 Contemporary Mids |
| 19.45 Burlex | | 17.00 RAD Ballet G6 | | 18.45 Contemporary Seniors |
| | | 17.15 RAD Ballet G5 | | |
| | | 18.00 Ballet Pointework - Seniors | | |
| Thursday | | Thursday | | Thursday |
| 9.45 Barre Concept | | 16.15 RAD Ballet G4 | | 16.15 Streetdance Juniors |
| 19.00 Tap Beginners | | 17.00 RAD Ballet G5 | | 16.45 Streetdance Mids 1 |
| 19.00 Pilates 1 | | 17.45 Ballet Pointe/Freework G4/G5 | | 17.30 Streetdance Mids 2 |
| 19.45 Ballet Level 2/3 | | | | 18.15 Streetdance Seniors/Adv |
| 20.00 Pilates 2 | | | | 19.00 ADULT Tap Beginners |
| Friday | | Friday | | Friday |
| 10.15 Ballet Barre + Stretch / Pointe | | 10.15 ADULT Barre + Stretch / Pointe | | |
| 11.15 Ballet Level 4 | | 11.15 ADULT Ballet Level 4 | | |
| 12.30 Ballet Beginners | | 12.30 ADULT Ballet Beginners | | |
| | | 14.00 Ballet Babes | | |
| | | 16.00 RAD Ballet Pre-Primary | | |
| | | 16.00 RAD Ballet Primary | | |
| | | 16.30 RAD Ballet G1 | | |
| | | 17.15 RAD Ballet G4 | | |
| Saturday | | Saturday | | Saturday |
| 13.00 Ballet Open Class - Professionals | | 9.15 Scholars 1 - BALLET (Pink G1/G2) | | 10.15 LYRICAL/CONTEMPORARY 11-16 |
| | | 9.15 Scholars 2 - BALLET (Navy G3/G4) | | 10.15 TAP 1 Mids |
| | | 11.15 Scholars 3 - BALLET (Navy G5) | | 10.15 MUSICAL THEATRE Mids |
| | | 11.15 Scholars 4 - BALLET (Burgundy Inter+) | | 10.45 JAZZ 1 Mids |
| | | 12.00 Scholars 4 - POINTE (Burgundy Inter+) | | 10.45 JAZZ 2 Seniors |
| | | 13.00 Show Rehearsals | | 13.00 Show Rehearsals |
| | | 13.00 Ballet Open Class - Professional | | |

Private Lessons including coaching for Exams and Auditions also available.
 For more information on classes or to book: email admin@berkhamstedartscentre.co.uk
 01442 81-82-83

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